

# CNY HEALTHY WORKFORCE CONFERENCE SPEAKERS



**KEYNOTE Jack T. Dennerlein**, PhD, is Professor at Northeastern University in the Bouvé College of Health Sciences and Adjunct Professor of Ergonomics and Safety at the Harvard T.H. Chan School of Public Health. He is also the Associate Director for the Chan School's Center for Work, Health, and Well-being. Dr. Dennerlein is an engineer whose research in public health takes a systems approach to understand and prevent work-related injuries and improve worker health and well-being.



**KEYNOTE David Freund** is the Chief Leadership Officer of Manufacturer's Association of Central New York (MACNY). He has over 35 years of manufacturing experience with and expertise in developing and implementing quality management systems, manufacturing control systems and self-directed work teams. David serves on the boards of nonprofits both privately-held companies. He is also a past member of the Onondaga Central School board. David was previously the chairman of MACNY's Factory Management Council. David is a John Maxwell Team certified executive coach and trainer.



**Debbie Cassidy**, M.S. CEAP, Employee Assistance Coordinator, BRIDGES, has been the coordinator of BRIDGES Employee Assistance Program since 1994 and a Certified Employee Assistance Professional (CEAP) since 1997. In addition to offering short-term counseling to employees, Debbie trains extensively for a variety of industries. It is her belief that ongoing collaboration with company leadership is essential to creating and presenting meaningful customized employee training, achieving a greater understanding of employee/employer concerns, and having a richer knowledge of the work culture she serves.



**Chia-Chia Chang**, MPH, MBA, is the Coordinator for Partnership and New Opportunity Development for the Office of Total Worker Health® (TWH) at the National Institute for Occupational Safety and Health (NIOSH) in the Centers for Disease Control and Prevention (CDC). She also coordinates a task with RAND to conceptualize worker well-being. She has provided training domestically and internationally to industry associations, health and policy professionals, and Fortune 500 companies about opportunities for advancing worker safety, health, and well-being.



**Dave Crowley** is the Senior Environmental Health & Safety (EHS) Director for HP Hood LLC where he has worked for the past 20 years. Mr. Crowley has 35 years of experience as an EHS professional. He is a long-time volunteer for the American Society of Safety Professionals and is the Chair of the International Dairy Foods Association Environmental, Safety & Sustainability Committee. He has an AS from New England Institute, a BS in Toxicology from Northeastern University and he is a life-long resident of Canton, MA where he lives with his wife and two children.



**Brian DeRochie**, New York State Trooper.



**Judy M. Mumford-Sullivan** is a RYT 200 Yoga Alliance certified teacher and the founder of Mellow Flow Yoga. She has been a Financial Advisor and in the corporate world for over 29 years. 15 years ago she found practicing yoga, meditation and mindfulness helped her to stay grounded and centered in her own life. Her passion is to share these practices and principals with as many people as possible. She wishes to inspire and elevate all people to live their best life through the harmony of yoga, meditation and mindfulness.



**Jeannie Nigam** is a Research Psychologist at the NIOSH, an advisor to the institute's Office for Total Worker Health, and helps coordinate the institute's Healthy Work Design and Well-Being program. Jeannie's graduate work is in Industrial Organizational Psychology. Her research centers on understanding how work organization affects employee health and well-being with emphases in the areas of work-life balance, depression, and examining the benefits of comprehensive organizational programs that promote and protect worker health.



**Pat Salzer** is a Registered Dietitian and Workplace Wellness Support Coordinator. She joined Excellus BlueCross BlueShield in 2004 in the Utica, NY Region. A native of Utica, Pat received her degree in Dietetics and Management from SUNY Oneonta and went on to work at St Luke's Hospital and Heritage Health Care Center in her roles as Clinical Nutrition Manager and Area Support Dietitian.



**Barb Stone**, MBA, CIPP JMT, has over 25 years of experience in senior leadership positions in various types of manufacturing, applying her MBA in Operations and Finance from Syracuse University. Being a life-long learner, Barb continued her personal growth in resilience, positive psychology and furthered her coach training. This led Barb to becoming a certified Life and Transition Coach and business owners of, Build Your Path LLC, helping people in transition to gain clarity and life tools to fully live their potential to reach their heart's desire.