

# COVID-19 & the Vaccine



## What is COVID-19?



- ✓ COVID-19 is a respiratory disease that is spread from person to another during direct contact or close contact (about 6 feet) through respiratory droplets produced when an infected person talks, coughs, or sneezes. Although most people with COVID-19 have mild symptoms, the virus can cause severe illness and even death among high-risk groups.

## How Can I Prevent the Spread of COVID-19?

- ✓ The best way to prevent the spread of COVID-19 is to stay 6 feet from others, wash your hands frequently, and wear a mask. You can also stop the spread by getting a COVID-19 vaccine.



## Is There a COVID-19 Vaccine?

- ✓ Currently, the United States has approved three different vaccines for emergency use. The Pfizer and Moderna vaccines require 2 doses. The Johnson & Johnson vaccine only requires 1 dose.

## Why Should I Get the Vaccine?

- ✓
- Getting the vaccine **significantly lowers** your risk of getting COVID-19 and spreading it to others.
  - COVID-19 vaccines are **safe and effective**.
  - The vaccine is **FREE**, you do not need insurance.
  - Vaccines cannot make you sick with COVID-19. They teach our body to recognize and fight the virus that causes COVID-19.
- You may experience side effects like sore muscles, feeling tired, or mild fever. This is completely normal and a sign that the vaccine is working.

## How Can I Get a Vaccine?

- ✓ If you would like a vaccine, please call the COVID-19 Hotline at 315-366-2770 or visit the [www.madisoncounty.ny.gov](http://www.madisoncounty.ny.gov).

