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MADISON COUNTY DEPARTMENT *of* HEALTH

Dr. John B. Endres, President of Board of Health

Madison County: Updated Guidance for COVID-19 Isolation and Quarantine Updated March 18, 2022

If you test positive, please immediately isolate yourself from others, notify your close contacts and workplace or school, and follow the guidance below. Madison County Health Department and New York State Department of Health are no longer contact tracing. When you have met the requirements for release from isolation, you may complete a [self-attestation form](#) as a legal document for your isolation. This is for your own use. Do not submit it to the Health Department.



Isolation for the General Population

Isolation keeps someone who is **infected** with COVID-19 away from others. Anyone who tests positive for COVID-19 **regardless of vaccination status** must isolate.

- Isolate for 5 days (where day 0 is the day symptoms started, or day you test positive if you don't have symptoms).
- If you have remained symptom-free or if symptoms are resolving, you can end isolation after 5 days. (Loss of taste and smell may persist for weeks or months after recovery and should not delay the end of isolation).
- If you continue to have a fever or your other symptoms have not improved after 5 days of isolation, you should wait to end your isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.
- You should continue to wear a [well-fitting mask](#) around others at home and in public for 5 additional days (day 6 through day 10) after the end of your 5-day isolation period.
- If you are [moderately to severely immunocompromised](#), isolate for at least 10 days.
- Children under age 2 and others who are [not able to wear a well-fitting mask](#) should isolate for 10 days.

Quarantine for the General Population

Quarantine keeps someone who was **exposed** to COVID-19 away from others. If you have been in [close contact](#) with someone with COVID-19, quarantine as follows, where day 0 is the last date of exposure:

- If not fully vaccinated* or fully vaccinated and [eligible for a booster](#) but not yet boosted, **quarantine for 5 days and wear a well-fitting mask while around others for an additional 5 days.**
- If fully vaccinated and boosted* (with the booster at least 2 weeks before the first date of exposure) or fully vaccinated and not yet [eligible for a booster](#), no quarantine is required.
- If you have recovered from COVID-19 in the last 90 days, no quarantine is required.
- If you have been exposed, you should wear a [well-fitting mask](#) around others for 10 days from your date of last exposure regardless of your vaccination status. If possible, get tested at day 5. If you test positive, isolate per the guidance above.
- If you fit the criteria above to quarantine and live in Madison County, you may report an exposure at www.madisoncounty.ny.gov to receive quarantine orders.
- Individuals should get tested if they develop any symptoms of COVID-19. If test is negative, they should continue the quarantine period and reach out to their doctor for further evaluation. If test is positive, they should follow isolation protocol.

*Vaccination Definitions for Quarantine Determinations:

Fully Vaccinated:

- You are considered fully vaccinated two weeks after your second dose of Pfizer or Moderna vaccine, or two weeks after a single dose of the Johnson & Johnson vaccine and are not yet [eligible for a booster](#)

Fully Vaccinated and Boosted:

- You are fully vaccinated as defined above, and
- You received the booster dose at least 2 weeks before the first date of exposure

Vaccine Eligibility

Ages 5-11:	Two doses of Pfizer (21 days apart); these ages are not eligible for a booster.
Ages 12-17:	Two doses of Pfizer (21 days apart); booster 5 months after second dose.
Ages 18+:	Two doses of Pfizer (21 days apart); booster 5 months after second dose OR Two doses of Moderna (28 days apart); booster 5 months after second dose OR Single dose of Johnson & Johnson; booster 2 months after single dose

Additional Dose for Some Immunocompromised People:

Some moderately or severely immunocompromised people ages 5+ should get a third dose of vaccine to be considered fully vaccinated. [If you are eligible](#), you should get this additional dose 28 days after your second dose of Pfizer or Moderna vaccine and before you get a booster shot. Consult with your healthcare provider for further guidance.

Special Populations

K-12 Schools

- All students, teachers, and school staff who are fully vaccinated and eligible for a booster, but not yet boosted must quarantine if they came in close contact with a person with COVID-19. However, they may continue to attend or work at school as long as they are asymptomatic and wear a well-fitting mask. (Extra-curricular, after-school, or community activities are not permitted during quarantine.)
- Students, teachers, and staff who are not fully vaccinated and who came in close contact with someone with COVID-19 will need to quarantine, but may participate in a Test to Stay program that would allow them to stay in the school setting during the quarantine period.

High-Risk Congregate Setting (correctional facilities, adult care facilities, group homes, etc.)

- CDC recommends a 10-day quarantine for residents/clients, regardless of vaccination and booster status.
- As of 1/13/22, NYSDOH says during periods of critical staffing shortages, facilities may follow the CDC guidance for shortened isolation, in regards to staff returning to work to ensure continuity of operations. <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

Healthcare Workers

- See NYSDOH Interim Advisory on Return-to-Work Protocols for Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 in Healthcare Settings issued 1/4/22. https://coronavirus.health.ny.gov/system/files/documents/2022/01/guidance_matrix_01042022.pdf