

Name: Marla Velkey-Reger, LCSW-R

First Appointed: November 2020

Term Expires: December 2027

Profession/Day Job:

- Licensed clinical social worker in private practice in Cazenovia
- Mental Health Coordinator for Cazenovia Central Schools
- Co-owner Cazenovia Community Fitness - a 24-hour fitness club



Relevant Degrees/Life Experience/Volunteer Activities:

- BA from SUNY Geneseo
- MSW from Syracuse University
- Madison County Youth Bureau Board Member
- Certified Personal Trainer
- Yoga Teacher

Health Philosophy:

I am passionate about the connection between our physical and mental health. In my work, I am seeking to reduce mental health stigma and normalize obtaining services and support for mental wellness. I believe that my participation on the Madison County Board of Health can bring a voice to raise awareness and address the mental health needs in our community.