

MOVING TOWARDS A HEALTHIER MADISON COUNTY

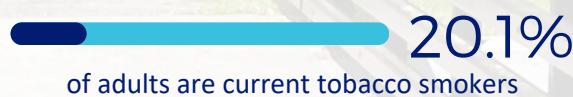
3 BEHAVIORS

PHYSICAL INACTIVITY



of adults did not exercise in the past month

TOBACCO USE



of adults are current tobacco smokers

POOR DIET



of adults do not eat fruits or vegetables daily

LEAD TO...

4 CHRONIC DISEASES

Diabetes



Lung Diseases



Cancer



Heart Disease



0 50 100 150 200

Age adjusted rate of disease mortality
per 100,000

CONTRIBUTING TO OVER...

50 PERCENT OF PREMATURE DEATHS

Sources:

CDC's Behavioral Risk Factor Surveillance System (2022)

Community Health Solutions (2020)